



aspire
DENTAL ACADEMY

ADVANCED OCCLUSION & WAX-UP COURSE

WELCOME TO ASPIRE DENTAL ACADEMY

Welcome to one of the UK's most hands-on dental training academy, where you will receive the best hands-on teaching in 'Advanced Occlusion'.

Please read this booklet carefully as it contains details regarding the course. We hope you enjoy the course as much as we have putting it together.

If you have any questions at any point or require any further information, please do not hesitate to contact us.

Aspire Dental Academy

Email: info@aspiredentalacademy.com

Website: www.aspiredentalacademy.com

THE COURSE | LEARNING OUTCOMES

- Understand the occlusion principles that govern the success of restorations
- Understand the normal static and dynamic determinants of occlusion and how they apply to everyday clinical practice
- Understand the challenges that complex occlusal patterns can pose such as AOB, Cross bites, last tooth in the arch syndrome, and how to manage these
- Understand how pathological wear can lead to occlusal change and how to manage the occlusal aspects of repairing this wear, such as increases in occlusal vertical dimension (OVD)
- Understand how to accurately assess & record occlusion and treat complex occlusal cases
- Avoid occlusal problems - these are very broad and can be vague but the risks of these happening can be detected and prevented
- Understand how to assess for parafunction & manage occlusal force distribution on restorations



This two-day course on practical occlusion is a blend of theory and hands-on and in true Aspire fashion commits to giving delegates a detailed and above all, usable deep level of knowledge and skill in occlusion.

MEET THE TUTORS

RICHARD PORTER



Richard is a GDC registered specialist in four areas: Prosthodontics, Endodontics, Periodontology and Restorative Dentistry. He was appointed as a Restorative Dental Consultant in a large London teaching hospital and maintained this role for just under 20 years. He was care group lead for facial trauma, oncology, deformity and complex dentistry for eight years whilst maintaining a solo private specialist referral practice. He is now a practice principal of the Aspire Dental Practice and Wellness Clinic, and a post-grad student in Psychology and Behavioural Sciences and plans to remain so for the foreseeable future. His passions are education, understanding the human mind and how this links to preventative medicine and human wellbeing. He is CoFounder of the Aspire Dental Academy, the UK's largest private postgraduate academy and has trained several consultants, many specialists, along with over 2000 postgraduate GDPs.

MEET THE TUTORS

RAHEEL MALIK



Dr Raheel Malik has spent over a decade in private practice, working in some of London's most prestigious areas including Notting Hill, before co-founding his own state-of-the-art private clinic in Oxford Circus alongside Richard Porter. He graduated with honours in Biomedical Sciences before qualifying as a dentist from King's College London, where he received multiple national awards, including Student Clinician of the Year and winner of the UK Dentsply/Ceram.X Case Contest. Upon graduation, he was honoured with the prestigious Academy of Operative Dentistry Award. Raheel's commitment to clinical excellence and education has earned him continued recognition throughout his career. His first publication came as a student, and he has since contributed to several respected journals, including the Journal of Oral Implantology, International Journal of Dentistry, Journal of Craniofacial Surgery, and Dental Update. Over 14 years ago, Raheel co-founded Aspire Dental Academy with Richard. Together, they have educated and inspired thousands of dentists through Aspire's hands-on programmes—helping clinicians at every stage of their careers refine their skills, elevate their standards, and ultimately deliver better patient care.

MEET THE TUTORS

ALAN SMYTH - DENTAL TECHNICIAN



Alan has been in the dental industry since 1998. A multi-disciplined crown and bridge technician for the first 10 years of his career saw him manage two high-end private laboratories simultaneously, growing his knowledge and skill base in implant and prosthetic fields through the next 10. In 2018 Alan took the reins at Precision Dental Lab and now oversees the day-to-day running of the laboratory. His role is three-fold, to make sure the highest standards of quality and service are maintained within the laboratory, to strive to improve quality and maintain our position at the cutting edge of technology, and to use his knowledge and skill set to offer advice to clients on all aspects of dental technology

DAY I

COMPREHENSIVE ASSESSMENT OF THE OCCLUSAL SYSTEM

EXTRA-ORAL ASSESSMENT:

Assessment of the Temporomandibular joint

Assessment of the muscles of mastication and identification of parafunction

INTRA-ORAL ASSESSMENT:

Assessment and recording of occlusion

OBTAINING RECORDS

Understand which occlusal records are required

Understand how to correctly locate centric occlusion, centric relation and initial point of contact and the importance these positions have on restorations

Understand the use of leaf gauges & Lucia jigs for deprogramming

FACEBOW & ARTICULATORS

Understand the use of a facebow and other records

Deeply understand the function of an articulator

Learn how to effectively communicate with the lab technician

DAY 2

ADVANCED TREATMENT PLANNING

Treatment planning of complex occlusal cases with step-by-step guidance

WAX-UPS & OCCLUSAL MORPHOLOGY

Learn and understand detailed anatomy and morphology of anterior and posterior teeth

Learn how to wax up teeth and produce your own diagnostic wax-ups

Learn how to make changes to your lab's diagnostic wax-up

SPLINTS

Understand the importance of splint therapy

Understand the different splints available and their indications

VENUE & HOW TO GET THERE

Aspire HQ
29-35 Mortimer St
London
W1T 3JG



We're located in Oxford Circus, just a short walk from several key transport links.

By Tube:

- Oxford Circus (Victoria, Bakerloo, Central lines) – 6-minute walk
- Goodge Street (Northern line) – 7-minute walk
- Tottenham Court Road (Central, Elizabeth, Northern lines) – 10-minute walk
- Great Portland Street (Circle, Hammersmith & City, Metropolitan lines) – 10-minute walk
- Euston Station (Victoria, Northern lines, and National Rail) – 16-minute walk

By Bus:

Bus routes 55, 73, 98, and 390 stop nearby on Oxford Street and Great Portland Street.

On Foot:

We're located just off Oxford Street and a few minutes' walk from the BT Tower. Look out for the Aspire signage when you reach Mortimer Street.

By Car:

While we recommend public transport, there is limited paid street parking nearby. Please check local restrictions or use nearby car parks (e.g., Q-Park Oxford Street).

COURSE DATES

DAY 1

Wednesday

18th November 2026

DAY 2

Thursday

19th November 2026

Registration

8:45 am - 9:00 am

Course

9:00am - 5:00pm

INVESTMENT

£1,499 + VAT

To reserve your place on the course a deposit of £500 is required, which will be deducted from the final amount.

CPD & READING MATERIALS

Each day is worth 7 verifiable enhanced 'Continued Professional Development' (CPD) hours.

A certificate will be produced at the end of the course provided the course has been completed. There is no formal assessment in order to gain the hours, however, each participant is required to sign in as proof of attendance.

BOOKINGS

To reserve your place on the course, please fill out the booking form, which can be found at:

[Booking Form](#)

To confirm your place, a deposit of £500 is required.

Deposits should be transferred to:

Name: Aspire D Academy

Sort code: 60-10-10

Account Number: 85935964

For any further questions, please feel free to contact us:



Email: info@aspiredentalacademy.com



Website: aspiredentalacademy.com



Instagram: [aspiredentalacademy](https://www.instagram.com/aspiredentalacademy)



Facebook: [Aspire Dental Academy](https://www.facebook.com/AspireDentalAcademy)



You will receive continued
mentorship after the course via
the Aspire Lounge, our state-
of-the-art mentorship platform!

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