



ADVANCED OPERATIVE AESTHETIC AND RESTORATIVE DENTISTRY

**CERTIFICATE IN ADVANCED AESTHETIC
RESTORATIVE DENTISTRY**

LONDON 2025

COURSE INFORMATION BOOKLET

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Hello, and *welcome*

Welcome to one of the UK's most hands-on dental training academies, where you will be receiving the best hands-on teaching in the field of aesthetic restorative dentistry.

Please read through this booklet carefully, as it contains details of the nature of the course as well as contact information.

We hope you enjoy the course as much as we have putting it together.

Please do not hesitate to contact us if you have any questions or require any further information.

Aspire Dental Academy

YOUR TUTORS

The course is delivered by Richard Porter and Raheel Malik

Richard Porter:

Richard is a GDC registered specialist in four areas: Prosthodontics, Endodontics, Periodontology and Restorative Dentistry. He was appointed as a Restorative Dental Consultant in a large London teaching hospital and maintained this role for just under 20 years. He was care group lead for facial trauma, oncology and deformity and complex dentistry for eight years whilst maintaining a solo private specialist referral practice. He is now a practice principal of the Aspire Dental Practice and Wellness Clinic, and post grad student in Psychology and Behavioural Sciences and plans to remain so for the foreseeable future. His passions are education, understanding the human mind and how this links to preventative medicine and human wellbeing. He is CoFounder of the Aspire Dental Academy, the UK's largest private post graduate academy and has trained several consultants, many specialist along with over 2000 post graduate GDPs.

Raheel Malik:

Raheel has spent over a decade in private practice, working in some of London's most prestigious areas, including Notting Hill, before co-founding his own state-of-the-art private clinic in Oxford Circus alongside Richard Porter. He graduated with honours in Biomedical Sciences before qualifying as a dentist from King's College London, where he received multiple national awards, including Student Clinician of the Year and winner of the UK Dentsply/Ceram.X Case Contest. Upon graduation, he was honoured with the prestigious Academy of Operative Dentistry Award. Raheel's commitment to clinical excellence and education has earned him continued recognition throughout his career. His first publication came as a student, and he has since contributed to several respected journals, including the Journal of Oral Implantology, International Journal of Dentistry, Journal of Craniofacial Surgery, and Dental Update.

Over 14 years ago, Raheel co-founded Aspire Dental Academy with Richard. Together, they have educated and inspired thousands of dentists through Aspire's hands-on programmes—helping clinicians at every stage of their careers refine their skills, elevate their standards, and ultimately deliver better patient care.

ACCREDITATION

The course is EduQual Level 7 accredited, which leads to a post-graduate certificate in Advanced Aesthetic Restorative Dentistry.

This is subject to a satisfactory presentation of a clinical portfolio, guidance of which is given throughout the course.

If you do not wish to partake in the accreditation, you are still able to complete the course without being accredited.

The post-graduate certificate sets you on the pathway to the following Diplomas:

Diploma in Advanced Aesthetic Restorative Dentistry

Diploma in Advanced Aesthetic Restorative Dentistry and Endodontics

To achieve the Diplomas, you need to complete the following courses:

Diploma in Advanced Aesthetic Restorative Dentistry

Advanced Operative Aesthetic and Restorative Dentistry course

Advanced Occlusion and Wax-up course (2-day course)

The Ultimate Denture Course (4-day course)

Conversations course (2-day course)

Diploma in Advanced Aesthetic Restorative Dentistry and Endodontics

Advanced Operative Aesthetic and Restorative Dentistry

Advanced Endodontics Course

Advanced Occlusion and Wax-up course (2-day course)

CPD

Each day is worth 7 verifiable 'Continued Professional Development' (CPD) hours and is in accordance with the GDC's enhanced CPD programme.

Teaching is provided through seminars and hands-on practical exercises throughout the course, with emphasis placed on the hands-on element.

Prior to each course day, delegates are encouraged to read publications provided online. To benefit fully from the day's teaching, we strongly recommend that these are read before each day. Further literature will be provided throughout the course, including comprehensive hand-outs to complement the day's teaching.

DRESS CODE

There is no formal dress code for the course. However, you may wish to bring your tunic and loupes for the hands-on sessions.

ASPIRE LOUNGE

Aspire Lounge is a state-of-the-art web platform for Aspire delegates. It is a community where you can ask for help and mentorship, and contact your course providers. It is how we provide career-long support for you even after you complete our courses. Your course reading material is uploaded here, and we regularly post new, valuable content to help you in your career and life.

VENUE

Aspire HQ
29-35 Mortimer St
London
W1T 3JG



HOW TO GET THERE

We're located in Oxford Circus, just a short walk from several key transport links.

By Tube:

- Oxford Circus (Victoria, Bakerloo, Central lines) – 6-minute walk
- Goodge Street (Northern line) – 7-minute walk
- Tottenham Court Road (Central, Elizabeth, Northern lines) – 10-minute walk
- Great Portland Street (Circle, Hammersmith & City, Metropolitan lines) – 10-minute walk
- Euston Station (Victoria, Northern lines, and National Rail) – 16-minute walk

By Bus:

Bus routes 55, 73, 98, and 390 stop nearby on Oxford Street and Great Portland Street.

On Foot:

We're located just off Oxford Street and a few minutes' walk from the BT Tower. Look out for the Aspire signage when you reach Mortimer Street.

By Car:

While we recommend public transport, there is limited paid street parking nearby. Please check local restrictions or use nearby car parks (e.g., Q-Park Oxford Street).

SYLLABUS

DAY 1: Smile Design and Patient Management

- Introduction to aesthetic and restorative dentistry
- The patient exam, diagnosis, prognosis & introduction to treatment planning
- Primary disease control
- Discussion of the perception of beauty
- Assessment of facial landmarks
- Smile Design and its implementation
- Treatment planning for the aesthetic case
- Dentist-Patient Communication

Hands-on:

Smile design exercises in groups with 1:1 guidance

Aim:

To understand the applications of ethical smile design principles in patients

Objectives:

- To refresh the understanding of primary diseases.
- To understand patients' motives for smile enhancements
- To increase knowledge of smile design principles
- To be able to apply smile design principles to patients
- An introduction to the importance of effective patient and lab communication

Learning Content:

The day's teaching is intended to provide deep understanding and knowledge of smile design principles and their applications in patients. Appreciation of patients' motives for treatment are discussed. Knowledge on primary disease is also refreshed.

Developmental Outcomes:

The following GDC's developmental outcomes are met: A, C & D

DAY 2: Colour, Shade Assessment and Bleaching

- Understanding properties of colour in aesthetic dentistry
- Aesthetic shade analysis & mapping for direct and indirect restorations
- Shade guides and light correcting lamps
- What to record & how to record
- Effective lab communication
- Understanding aetiology of discolouration
- Tooth Bleaching
- Tray Design
- Managing sensitivity
- Micro-abrasion & Resin Infiltration
- Legality
- Managing patient expectations

Hands-on:

Shade analysis & mapping using light correcting lamps

Aim:

To understand colour science and its application to dentistry in order to provide restorations that match the patient's current dentition. To provide the delegates with tools and tips to ensure efficient and effective transfer of records to the lab. To understand the causes of discoloured teeth and the techniques available to legally improve the colour of vital and non-vital teeth.

Objectives:

- To increase knowledge of colour science
- To accurately record shade of teeth in a controlled lighting environment
- To understand the limitations of current shade assessment techniques
- Provide ability to transfer shade information accurately to lab technicians
- To understand the laws governing tooth whitening in the UK
- To understand the causes of tooth discolouration, as well as indications and contraindications of bleaching
- To understand and appreciate the current best techniques of bleaching vital & non-vital teeth
- To understand the importance of patient communication and consent

Learning Content:

The day's teaching is intended to provide a deep understanding and knowledge of colour science and how it affects the process of shade assessment. The delegates will learn how to assess shade in a controlled lighting environment and how to transfer the records taken to the lab. The law governing bleaching is discussed in detail, as well as indications and contraindications of bleaching. Vital and non-vital bleaching techniques are discussed, as well as effective patient communication and consent.

Developmental Outcomes:

The following GDC's developmental outcomes are met: A, C & D

Day 3: Clinical Photography

(70% Hands-on, 30% theory)

- Photography in dentistry
- Camera, lens & flash selection
- Deep understanding of camera settings
- Contrastors & polarising filters
- Portrait & soft box photography
- Lab work photography

Hands-on:

- Clinical photography
- Contrasted & polarised photography
- Soft box artistic images
- Lab work photography
- Portrait photography

Aim:

To understand the importance of clinical photography in everyday dental practice and to provide the necessary skills required to obtain predictable high quality dental photographs.

Objectives:

- To understand the importance of dental photography and a clinical portfolio
- To provide a deep understanding of the set-up and equipment required for dental photography
- To understand the different settings on the camera and their importance to dental photography
- To obtain the necessary skills required to take high-quality extra-oral, intra-oral and lab work photos

Learning Content:

The day's teaching is intended to provide a deep understanding and knowledge of clinical photography. The delegates will leave feeling confident and competent to take high-quality clinical photographs. They will also have the ability to take contrasted shots and pictures of lab work.

Developmental Outcomes:

The following GDC's developmental outcomes are met: A, C & D

Day 4: Aesthetic Anterior Composites

(70% Hands-on, 30% theory)

- Anatomy of anterior teeth
- Understanding different composite systems
- Deep understanding of bonding
- Understanding the use of Diagnostic Wax-ups
- Biomimetically restoring the anterior tooth
- Layering techniques: creating internal & external effects
- Blending margins & preventing white lines
- Composite Veneers: when and how to do them
- Diastema closure
- Finishing and Polishing Composites
- Trouble shooting

Hands-on:

- Biomimetically restoring anterior teeth
- Diastema closures
- Finishing and polishing

Aim:

To provide the ability to produce aesthetic anterior composites

Objectives:

- Appreciate and record anatomy of anterior teeth
- Provide an introduction to the material science of resin composites
- Understand how different composites behave differently
- Understand the layering protocols for anterior teeth
- Understand the benefits of a diagnostic wax-up
- Showcase equipment available to help improve composite restorations
- Understand finishing and polishing protocols

Learning Content:

The day's teaching is intended to provide deep theory and hands-on experience. The delegates will produce aesthetic direct composites using diagnostic wax-ups and layering techniques. Essential equipment will be introduced and delegates will have the chance to use it. They will also practice finishing and polishing techniques. Case selection and patient communication is also discussed.

Developmental Outcomes:

The following GDC's developmental outcomes are met: A, C & D

Day 5: Veneers & Soft Tissue Management

(70% Hands-on, 30% theory)

- Indications
- Material Selection & Ceramics
- Clinical techniques – APT/APR
- Bur Selection
- Step by step guide – Prep, Impressions, Try in, Temporisation, Cementation
- Immediate Dentine Sealing
- Types of veneer designs
- Lab Communication
- Fee Setting
- Soft tissue management
- Gingival bio-types, Biological width & Bone sounding
- Soft tissue retraction techniques
- Occlusion

Hands-on:

- Veneer preparation using APT/APR technique
- Fabrication of provisionals
- Freehand Veneer Preparation

Aim:

To provide the delegates with the ability to plan and execute treatment plans consisting of veneers confidently and competently.

Objectives:

- Understand the indications and contraindications of veneers
- Deep understanding of patients' perception of beauty and what this means to them.
- A deeper understanding of patients' motivation for this type of treatment.
- Have a working knowledge of different ceramic materials
- Deep understanding of the planning stages for veneers and the relevant records required.
- Understand the behaviour of soft tissues around restorations and how to protect these
- Learn how to prepare teeth for veneers
- Learn impression and temporisation techniques
- Recognising your role as the leader of the dental team, which includes your nurse and lab technicians.
- Importance of lab communication and transfer
- Deep understanding of step-by-step cementation protocols
- Understand the maintenance required with these restorations

Learning Content:

The day's teaching is intended to provide deep theory and hands-on experience. The delegates will learn about the psyche of a patient requesting aesthetic enhancement. The delegates will develop deep expertise in planning and executing veneer cases, from soft tissue protection, preparation, temporisation, cementation and maintenance.

Developmental Outcomes:

The following GDC's developmental outcomes are met: A, B, C & D

Day 6: Aesthetic Anterior Crowns

(70% Hands-on, 30% theory)

- Types of anterior crowns: dentine bonded crowns, e.max & metal ceramic
- Indications & Case Selection
- Preparation, temporisation, cementation
- Handpiece & Bur Control
- Bur Selection
- Adhesive cementation techniques & Cement selection
- Occlusion
- Soft tissue management: Electro surgery and lasers

Hands-on:

- Anterior Crown preps for e.max, dentine bonded & metal ceramic crowns
- Temporisation

Aim:

To provide the delegates with the ability to provide patients with naturally looking anterior crowns

Objectives:

- Understand the indications and contraindications of anterior crowns
- Have a working knowledge of different materials currently available
- Deep understanding of the planning stages for anterior crowns and the relevant records required
- A working knowledge of occlusion in relation to anterior crowns
- A deep appreciation of the underlying tooth
- Learn how to prepare teeth for different crowns
- Learn impression and temporisation techniques
- Importance of lab communication and transfer
- Deep understanding of step-by-step cementation protocols
- Understand the maintenance required with these restorations

Learning Content:

The day's teaching is intended to provide deep theory and hands-on experience. The delegates will learn about the importance of matching the shade, shape and microanatomy of the adjacent tooth in order to produce naturally looking anterior crowns. They will develop an understanding of the underlying tooth and the indications of the different crown materials currently available. They will learn how to respect occlusion and the impact different occlusal patterns can have on the restoration. Impression, temporisation, cementation, and maintenance techniques will be revisited. Problem-solving and case discussions will form an important part of the day.

Developmental Outcomes:

The following GDC's developmental outcomes are met: A, C & D

Day 7: Aesthetic Posterior Composites

(70% Hands-on, 30% theory)

- Posterior tooth anatomy
- Restoring Class I & Class II cavities using biomimetic layering techniques
- Composite handling, sculpting and packing
- Composite staining
- Understanding the use of different matrix systems
- Occlusion
- Preventing and addressing issues of sensitivity
- Rubber dam isolation

Hands-on:

- Biomimetically restoring posterior cavities using composite
- Using sectional matrices

Aim:

To provide the delegates with the ability to provide patients with naturally looking posterior composite restorations.

Objectives:

- Understand the indications and contraindications of posterior composites
- To provide deep knowledge in ascertaining whether direct or indirect restorations are required
- Deeper understanding of enamel and dentine bonding
- Understanding the importance of preliminary occlusal checks
- Deep appreciation of the anatomy of posterior teeth and how to reproduce this in order to produce naturally looking composites
- Understanding the pros and cons of different matrix systems
- Avoiding and overcoming common problems such as post-operative sensitivity
- Understanding the role of a rubber dam for a successful outcome

Learning Content:

The day's teaching is intended to provide deep theory and hands-on experience. The delegates will learn about the use of rubber dam for successful bonding. They will learn posterior anatomy and learn how to reproduce this. Occlusion in relation to posterior composites will be taught in detail, and tips and tricks to avoid problems will be explored. An introduction to the different matrix systems currently on the market will be made, and the delegates will have the opportunity to use these.

Developmental Outcomes:

The following GDC's developmental outcomes are met: A, C & D

Day 8: Posterior Aesthetic Onlays and Crowns

(70% Hands-on, 30% theory)

- Posterior onlay & full coverage crown preparations
- Indications
- Material selection
- Bur selection
- Preparation techniques
- Handpiece & Bur Control
- Marginal elevation techniques
- Temporisation
- Adhesive cementation techniques
- Restoration of endodontically treated teeth
- Post and Cores

Hands-on:

Onlay preps

Aim:

To provide the delegates with the ability to provide patients with naturally looking posterior onlays and crowns.

Objectives:

- Understand the indications and contraindications of onlays and crowns
- Understand the difference between mechanical and adhesive dentistry
- Importance of thorough patient communication
- Comprehensive assessment of the underlying tooth
- Deeper exploration of occlusion in relation to posterior indirect restorations
- Deep understanding of the planning stages for onlays & crowns, and the relevant records required
- Developing shade assessment techniques for posterior indirect restorations
- Learn how to prepare teeth for onlays and crowns
- Learn impression and temporisation techniques
- Importance of lab communication and transfer of records
- Deep understanding of step-by-step cementation protocols
- Understand the maintenance required with these restorations

Learning Content:

The day's teaching is intended to provide deep theory and hands-on experience. The delegates will learn about the differences between mechanical and adhesive dentistry and how this allows us to produce more conservative indirect posterior restorations. They will practice partial coverage and full coverage crown preparations and develop a greater understanding of when these are required. They will understand the importance of occlusion in relation to posterior indirect restorations and will be taught step-by-step techniques to produce predictable, successful outcomes.

Developmental Outcomes:

The following GDC's developmental outcomes are met: A, B, C & D

Day 9: Tooth Surface Loss & Full Mouth Rehab

(70% Hands-on, 30% theory)

- Tooth surface loss: types, diagnosis, prevention and treatment
- Conformative vs Re-organised approach
- Occlusion
- Increasing OVD
- Facebow and Articulators: how and when to use
- Diagnostic wax-ups and techniques for build-ups
- Direct vs Indirect restorations for treatment of toothwear
- Long-term provisionals
- Splint therapy
- Lucia Jigs

Hands-on:

- Composite build-ups of tooth surface loss cases
- Composite veneers
- Facebows

Aim:

To provide the delegates with the ability to treat patients with tooth surface loss.

Objectives:

- Understand the aetiology of tooth surface loss and screening protocols
- Develop a deep understanding of preventative techniques
- Deep understanding of the planning stages involved
- Deep understanding of the use of facebows and articulators when planning occlusion
- Understanding the difference between conforming and reorganising occlusion
- Understanding the Dhal principle and its application
- Learn the ability of treating tooth surface loss with composite
- Understand the role laboratory technicians play in determining shape, size and occlusion of restorations to ensure functional aesthetic success
- Learn how to maintain composites over time and risk management strategies
- A working knowledge of bruxism and splint therapy
- Develop effective patient communication strategies

Learning Content:

The day's teaching is intended to provide deep theory and hands-on experience. The delegates will learn about the aetiology of tooth surface loss and preventive techniques. They will learn the difference between pathological and physiological wear and when to intervene. Planning of cases will be discussed with particular attention being paid to the role of occlusion. Delegates will practice restoring worn teeth with composites. They will also practice taking facebows and bite registrations and will understand the role these play in determining occlusion of restorations. They will learn to appreciate the role of ongoing maintenance.

Developmental Outcomes:

The following GDC's developmental outcomes are met: A, B, C & D

Day 10: Replacement of Missing Teeth

(70% Hands-on, 30% theory)

- Indications for replacing missing teeth
- Types of bridge designs and when to use which design
- Material selection
- Preparation of bridges, temporisation and cementation
- Soft tissue management and aesthetic pontic site creation
- Aesthetic Denture design

Hands-on:

- Bridge preps: Resin Bonded bridges, Fixed-Movable, Fixed-Fixed
- Full coverage crown preps

Aim:

To provide the delegates with the ability to treat patients with missing teeth

Objectives:

- Understand the functional and psychological consequences of missing teeth
- Learn to assess the edentulous space and decide on best treatment option
- Deep understanding of the stages involved in denture design
- Deep understanding and practical working knowledge of bridges, including resin-bonded bridges
- Learn how to assess adjacent teeth for possible abutments
- Understand the importance of effective lab communication

Learning Content:

The day's teaching is intended to provide deep theory and hands-on experience. The delegates will learn about the potential psychological distress missing teeth can cause. They will learn about the impact missing teeth can have on function, occlusion and aesthetics. Emphasis is placed upon making a shared decision with the patient on best treatment solution. Denture design is discussed in detail, as well as bridge designs, from planning, preparation, temporisation, cementation and maintenance.

Developmental Outcomes:

The following GDC's developmental outcomes are met: A, C & D

Day 11: Practise Day

(70% Hands-on, 30% theory)

- Complex case assessment & treatment planning
- Management of multi-disciplinary cases
- Problem-solving difficult scenarios
- Rubber Dam

Hands-on:

Delegates to practice hands-on techniques taught throughout the year

Aim:

To provide the delegates with the opportunity to practice practical hands-on techniques taught on other course days, and to introduce more complex treatment planning exercises

Objectives:

- Work through complex treatment planning cases in groups
- Revisit practical exercises from other course days

Learning Content:

The day's teaching is intended to provide hands-on experience and increase treatment planning knowledge. The delegates will work through complex treatment planning exercises and present cases to each other. They will have the opportunity to individually practice any dental treatment already taught on the course.

Developmental Outcomes:

The following GDC's developmental outcomes are met: A, C & D

Day 12: Advanced Treatment Planning & Fee Setting

- Maintenance of patients
- Fee setting
- Complex treatment planning
- Interdisciplinary case management
- Creating a clinical referral pathway
- When to refer
- Dealing with failures and troubleshooting
- Certificate presentations

Aim:

To bring together all aspects of the course in order to ensure effective management of patients in a safe and predictable manner.

Objectives:

- Understand the role of a dentist as a leader in a multi-disciplinary team
- Help develop a managed clinical network consisting of other dentists with different skillsets
- Develop knowledge to manage failed treatment
- Understand the process of fee setting for simple and complex treatment plans
- Understanding their own limitations and knowing when to refer

Learning Content:

The day's teaching is intended to provide the delegates with another opportunity to treatment plan complex cases. A big emphasis is placed on patient communication and the dentists' ability to recognise their own limitations. Fee setting is discussed in detail, as well as management of failed treatment.

Developmental Outcomes:

The following GDC's developmental outcomes are met: A, B, C & D

Day 13: Dental Laboratory Day

- Spend the day with a world-class lab technician
- Materials
- Staining, glazing, layering
- Lab communication
- Lab processes
- Dentist lab errors & how to avoid them
- Technician lab errors & how to avoid them

At the end of each day, clinical cases with varying complexity will be discussed and treatment planned. Delegates are encouraged to bring in cases they are currently treating in practice so we can help treatment plan and advise.

Occlusion is a broad subject and will be discussed on each day with relevance paid to the relationship of occlusion and the specific topic of the day.

Aim:

The aim of this program is to gain insights into laboratory procedures

Objectives:

- Comprehend the responsibilities of a dental technician
 - Recognise the significance of maintaining accurate clinical records
 - Acquire knowledge about laboratory processes involved in crafting veneers and crowns.
- Understand the repercussions of errors and strategies for their mitigation

Learning Content:

This session aims to afford participants the chance to appreciate the pivotal role of dental technicians. Attendees will grasp the importance of maintaining precise clinical records and the potential consequences of inaccuracies. Laboratory processes will be visually presented to deepen comprehension regarding the intricate work involved in creating dental prostheses.

Developmental Outcomes:

The following GDC's developmental outcomes are met: A, B, C & D

COURSE DATES

Group I - 2025/2026

NOV
04

**DAY 1:
SMILE DESIGN AND
PATIENT MANAGEMENT**

MAR
12

**DAY 7:
AESTHETIC
POSTERIOR
COMPOSITES**

NOV
25

**DAY 2:
COLOUR, SHADE
ASSESSMENT AND
BLEACHING**

APR
21

**DAY 8:
POSTERIOR
AESTHETIC ONLAYS
& CROWNS**

DEC
15

**DAY 3:
CLINICAL
PHOTOGRAPHY**

MAY
19

**DAY 9:
TOOTH SURFACE LOSS
& FULL MOUTH REHAB**

JAN
06

**DAY 4:
AESTHETIC ANTERIOR
COMPOSITES**

JUN
23

**DAY 10:
REPLACEMENT OF
MISSING TEETH**

FEB
03

**DAY 5:
VENEERS & SOFT
TISSUE
MANAGEMENT**

JUL
21

**DAY 11:
PRACTISE DAY**

MAR
10

**DAY 6:
AESTHETIC ANTERIOR
AESTHETIC CROWNS**

AUG
04

**DAY 12:
ADVANCED
TREATMENT PLANNING
& FEE SETTING**

TBC

**DAY 13:
DENTAL
LABORATORY DAY**

COURSE DATES

Group 2 - 2025/2026

NOV 07	DAY 1: SMILE DESIGN AND PATIENT MANAGEMENT	APR 10	DAY 7: AESTHETIC POSTERIOR COMPOSITES
NOV 21	DAY 2: COLOUR, SHADE ASSESSMENT AND BLEACHING	APR 24	DAY 8: POSTERIOR AESTHETIC ONLAYS & CROWNS
DEC 17	DAY 3: CLINICAL PHOTOGRAPHY	MAY 15	DAY 9: TOOTH SURFACE LOSS & FULL MOUTH REHAB
JAN 09	DAY 4: AESTHETIC ANTERIOR COMPOSITES	JUN 05	DAY 10: REPLACEMENT OF MISSING TEETH
JAN 30	DAY 5: VENEERS & SOFT TISSUE MANAGEMENT	JUL 24	DAY 11: PRACTISE DAY
FEB 27	DAY 6: AESTHETIC ANTERIOR AESTHETIC CROWNS	AUG 07	DAY 12: ADVANCED TREATMENT PLANNING & FEE SETTING
		TBC	DAY 13: DENTAL LABORATORY DAY

COURSE DATES

Group 3 - 2025/2026

NOV
18

**DAY 1:
SMILE DESIGN AND
PATIENT MANAGEMENT**

APR
14

**DAY 7:
AESTHETIC
POSTERIOR
COMPOSITES**

DEC
09

**DAY 2:
COLOUR, SHADE
ASSESSMENT AND
BLEACHING**

MAY
12

**DAY 8:
POSTERIOR
AESTHETIC ONLAYS
& CROWNS**

DEC
16

**DAY 3:
CLINICAL
PHOTOGRAPHY**

JUN
16

**DAY 9:
TOOTH SURFACE LOSS
& FULL MOUTH REHAB**

JAN
27

**DAY 4:
AESTHETIC ANTERIOR
COMPOSITES**

JUL
14

**DAY 10:
REPLACEMENT OF
MISSING TEETH**

FEB
24

**DAY 5:
VENEERS & SOFT
TISSUE
MANAGEMENT**

JUL
28

**DAY 11:
PRACTISE DAY**

MAR
11

**DAY 6:
AESTHETIC ANTERIOR
AESTHETIC CROWNS**

AUG
05

**DAY 12:
ADVANCED
TREATMENT PLANNING
& FEE SETTING**

TBC

**DAY 13:
DENTAL
LABORATORY DAY**

COURSE DATES

Group 4 - 2025/2026

NOV
14

**DAY 1:
SMILE DESIGN AND
PATIENT MANAGEMENT**

APR
17

**DAY 7:
AESTHETIC
POSTERIOR
COMPOSITES**

DEC
05

**DAY 2:
COLOUR, SHADE
ASSESSMENT AND
BLEACHING**

MAY
08

**DAY 8:
POSTERIOR
AESTHETIC ONLAYS
& CROWNS**

DEC
19

**DAY 3:
CLINICAL
PHOTOGRAPHY**

MAY
22

**DAY 9:
TOOTH SURFACE LOSS
& FULL MOUTH REHAB**

JAN
16

**DAY 4:
AESTHETIC ANTERIOR
COMPOSITES**

JUN
26

**DAY 10:
REPLACEMENT OF
MISSING TEETH**

FEB
13

**DAY 5:
VENEERS & SOFT
TISSUE
MANAGEMENT**

JUL
31

**DAY 11:
PRACTISE DAY**

MAR
06

**DAY 6:
AESTHETIC ANTERIOR
AESTHETIC CROWNS**

AUG
14

**DAY 12:
ADVANCED
TREATMENT PLANNING
& FEE SETTING**

TBC

**DAY 13:
DENTAL
LABORATORY DAY**

COURSE DATES

Group 5 - 2025/2026

NOV
13

**DAY 1:
SMILE DESIGN AND
PATIENT MANAGEMENT**

APR
09

**DAY 7:
AESTHETIC
POSTERIOR
COMPOSITES**

NOV
20

**DAY 2:
COLOUR, SHADE
ASSESSMENT AND
BLEACHING**

APR
23

**DAY 8:
POSTERIOR
AESTHETIC ONLAYS
& CROWNS**

DEC
18

**DAY 3:
CLINICAL
PHOTOGRAPHY**

MAY
14

**DAY 9:
TOOTH SURFACE LOSS
& FULL MOUTH REHAB**

JAN
08

**DAY 4:
AESTHETIC ANTERIOR
COMPOSITES**

JUN
25

**DAY 10:
REPLACEMENT OF
MISSING TEETH**

JAN
29

**DAY 5:
VENEERS & SOFT
TISSUE
MANAGEMENT**

JUL
23

**DAY 11:
PRACTISE DAY**

FEB
26

**DAY 6:
AESTHETIC ANTERIOR
AESTHETIC CROWNS**

AUG
06

**DAY 12:
ADVANCED
TREATMENT PLANNING
& FEE SETTING**

TBC

**DAY 13:
DENTAL
LABORATORY DAY**

COURSE FEE

Total Cost

£9,480 + VAT

Payments can be made in instalments or as a single payment.

INSTALMENTS

Payments can be made by bank transfer only.

Cash, credit cards, cheques and banker drafts are not accepted.

Please feel free to contact us if you have any further questions:

Email: info@aspiredentalacademy.com

Website: www.aspiredentalacademy.com

DATE	AMOUNT
September 13th 2025	£2,370 + VAT
December 1st 2025	£2,370 + VAT
March 2nd 2026	£2,370 + VAT
July 6 th 2026	£2,370 + VAT

BOOKING

To reserve your place on the course, please fill out the booking form, which can be found at: [Booking Form](#)

To confirm your place, a deposit of £500 is required. This will be deducted from your final instalment.

Deposits should be transferred to:

Name: Aspire D Academy

Sort code: 60-10-10

Account Number: 85935964

Cancellation policy:

You may cancel your registration and receive a full refund of your deposit by May 1st 2026. Cancellations made after this date will not be eligible for a deposit refund.

aspire

DENTAL ACADEMY



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