

ADVANCED OCCLUSION & WAX-UP COURSE

WELCOME TO ASPIRE DENTAL ACADEMY

Welcome to one of the UK's most hands-on dental training academy, where you will receive the best hands-on teaching in 'Advanced Occlusion'.

Please read this booklet carefully as it contains details regarding the course. We hope you enjoy the course as much as we have putting it together.

If you have any questions at any point or require any further information, please do not hesitate to contact us.

Aspire Dental Academy

Email: info@aspiredentalacademy.com

Website: www.aspiredentalacademy.com

THE COURSE | LEARNING OUTCOMES

- Understand the occlusion principles that govern the success of restorations
- Understand the normal static and dynamic determinants of occlusion and how they apply to everyday clinical practice
- Understand the challenges that complex occlusal patterns can pose such as AOB, Cross bites, last tooth in the arch syndrome, and how to manage these
- Understand how pathological wear can lead to occlusal change and how to manage the occlusal aspects of repairing this wear, such as increases in occlusal vertical dimension (OVD)
- Understand how to accurately assess & record occlusion and treat complex occlusal cases
- Avoid occlusal problems - these are very broad and can be vague but the risks of these happening can be detected and prevented
- Understand how to assess for parafunction & manage occlusal force distribution on restorations



This two-day course on practical occlusion is a blend of theory and hands-on and in true Aspire fashion commits to giving delegates a detailed and above all, usable deep level of knowledge and skill in occlusion.

MEET THE TUTORS

RICHARD PORTER



Richard is a Consultant Specialist in Restorative and Implant Dentistry and Oral Rehabilitation. He is a vastly experienced teacher having run over 100 hands on courses. He has a higher diploma in post graduate dental and medical education and is well published in peer reviewed journals in subjects including tooth wear, composite build ups, crown and bridge, gerodontology, occlusion and Endodontics. He is a lead clinician in restorative dentistry at St. Georges Hospital, London, and has a very successful private practice based in London. He has placed and restored over 2000 implants, has completed over 5000 root canals and countless direct and indirect restorations. He is on the GDC specialist list for Restorative Dentistry, Prosthodontics, Endodontics and Periodontology, is a father and husband and welcomes you to this great opportunity with The Aspire Dental Academy.

MEET THE TUTORS

RAHEEL MALIK



Raheel works in a private practice in Notting Hill. After graduating with honours from Biomedical Sciences, Raheel qualified as a dentist from King's College London, having won multiple awards as a student. In 2009, he won student clinician of the year and was 1st runner up in the UK finals. He also won the UK Dentsply/Ceram.X Case Contest in 2010, amongst many others. Raheel graduated receiving the prestigious 'Academy of Operative Dentistry' Award. He has also won awards since graduation. Raheel had his first publication in 'Aesthetic Dentistry Today' as a final year student and has since been published many times in several journals including the Journal of Oral Implantology, International Journal of Dentistry, Journal of Craniofacial Surgery and Dental Update. He has also been interviewed in the British Dental Journal and Dentistry magazine.

MEET THE TUTORS

ALAN SMYTH - DENTAL TECHNICIAN



Alan has been in the dental industry since 1998. A multi-disciplined crown and bridge technician for the first 10 years of his career saw him manage two high-end private laboratories simultaneously, growing his knowledge and skill base in implant and prosthetic fields through the next 10. In 2018 Alan took the reins at Precision Dental Lab and now oversees the day-to-day running of the laboratory. His role is three-fold, to make sure the highest standards of quality and service are maintained within the laboratory, to strive to improve quality and maintain our position at the cutting edge of technology, and to use his knowledge and skill set to offer advice to clients on all aspects of dental technology

DAY I

COMPREHENSIVE ASSESSMENT OF THE OCCLUSAL SYSTEM

EXTRA-ORAL ASSESSMENT:

Assessment of the Temporomandibular joint

Assessment of the muscles of mastication and identification of parafunction

INTRA-ORAL ASSESSMENT:

Assessment and recording of occlusion

OBTAINING RECORDS

Understand which occlusal records are required

Understand how to correctly locate centric occlusion, centric relation and initial point of contact and the importance these positions have on restorations

Understand the use of leaf gauges & Lucia jigs for deprogramming

FACEBOW & ARTICULATORS

Understand the use of a facebow and other records

Deeply understand the function of an articulator

Learn how to effectively communicate with the lab technician

DAY 2

ADVANCED TREATMENT PLANNING

Treatment planning of complex occlusal cases with step-by-step guidance

WAX-UPS & OCCLUSAL MORPHOLOGY

Learn and understand detailed anatomy and morphology of anterior and posterior teeth

Learn how to wax up teeth and produce your own diagnostic wax-ups

Learn how to make changes to your lab's diagnostic wax-up

SPLINTS

Understand the importance of splint therapy

Understand the different splints available and their indications

VENUE

Aspire HQ
29-35 Mortimer St
London
W1T 3JG



COURSE DATES

DAY 1

Thursday

27th November 2025

DAY 2

Friday

28th November 2025

Registration

8:45 am - 9:00 am

Course

9:00am - 5:00pm

INVESTMENT

£1,499 + VAT

To reserve your place on the course a deposit of £500 is required, which will be deducted from the final amount.

CPD & READING MATERIALS

Each day is worth 7 verifiable enhanced 'Continued Professional Development' (CPD) hours.

A certificate will be produced at the end of the course provided the course has been completed. There is no formal assessment in order to gain the hours, however, each participant is required to sign in as proof of attendance.

BOOKINGS

To reserve your place on the course, please fill out the booking form which can be found at:

<https://r535zigo8ph.typeform.com/to/NsnhClxc>

To confirm your place, a deposit of £500 is required.

Deposits should be transferred to:

Name: Aspire D Academy

Sort code: 60-10-10

Account Number: 85935964

For any further questions, please feel free to contact us:



Email: info@aspiredentalacademy.com



Website: aspiredentalacademy.com



Instagram: [aspiredentalacademy](https://www.instagram.com/aspiredentalacademy)



Facebook: [Aspire Dental Academy](https://www.facebook.com/AspireDentalAcademy)



You will receive continued
mentorship after the course via
the Aspire Lounge, our state-
of-the-art mentorship platform!

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